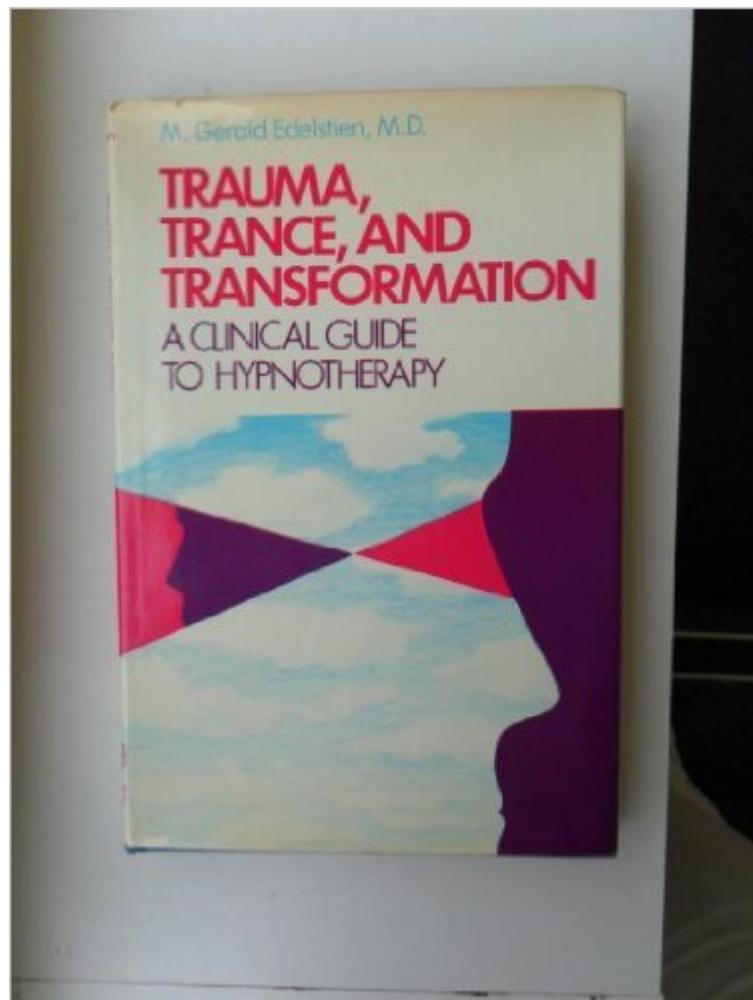


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TRAUMA TRANCE & TRANSFORMATION



Synopsis

This volume demonstrates how hypnosis can be used within an integrated treatment plan to quickly, thoroughly, and lastingly effect therapeutic change. It makes available an extremely practical, concise guide to the use of hypnosis in psychotherapy.

Book Information

Hardcover: 200 pages

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Average Customer Review: 5.0 out of 5 starsÂ [See all reviewsÂ](#) (1 customer review)

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Customer Reviews

This book is worth reading for the entertainment value alone. Edelstien is very humorous and engaging in his writing style. He also makes some very good points about psychology and the practice of psychotherapy. The techniques that are presented are intriguing and if they really do work then they would be very valuable for all practitioners of psychotherapy especially for hypnotherapists. The one thing that I dislike about the book is that he does not mention what to do if these techniques fall flat, in other words he does not give a "plan B." But very worth reading and probably one of the best books on psychology that i have read.

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